



# Valsir Mountain Running World Cup 2022

## RESULTS after eight races



		Country:	IRL	POR	POR	AUT	FRA	ITA	ITA	CZE	SUI	PER	ITA	ITA	ESP	ESP	SLO	ESP	ITA						
		label:	silver	gold	silver	gold	gold	gold	gold	silver	gold	silver	gold	gold	gold	gold	silver	gold	gold						
		discipline:	long	clasic	long	clasic	clasic	short	long	clasic	long	long	short	long	long	short	clasic	long	short	Total	Total	Total	TOTAL		
	Name	gen.	YOB	nat.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	short	clasic	long	all
1	<a href="#">Joyce MUTHONI NJERU</a>	F	1997	KEN		50		50	50	50												50	150	0	200
2	<a href="#">Lucy MURIGI WAMBUI</a>	F	1985	KEN				40	20	16	40											16	60	40	116
3	<a href="#">Camilla MAGLIANO</a>	F	1985	ITA		30		20	30	12												12	80	0	92
4	Elisa DESCO	F	1982	ITA							50											0	0	50	50
5	Adéla STRÁNSKÁ	F	1991	CZE				30				12										0	42	0	42
8	Susanna SAAPUNKI	F	1992	FIN		40																0	40	0	40
7	Blandine L'HIRONDEL	F							40													0	40	0	40
6	<a href="#">Andrea MAYR</a>	F	1979	AUT						40												40	0	0	40
9	<a href="#">Gloria Rita Antonia GIUDICI</a>	F	1987	ITA					18	18												18	18	0	36
11	Madalina FLOREA	F	1993	ROM						30												30	0	0	30
10	Hilary GERARDI	F	1986	USA							30											0	0	30	30
12	Scarlet DALE	F	1999	GBR				12	16													0	28	0	28
14	Rosa MADUREIRA	F	1977	POR		25																0	25	0	25
15	Worke AMENA	F	1994	ETH				25														0	25	0	25
13	Anna GIBSON	F							25													0	25	0	25
16	Scout ADKIN	F	1993	GBR						25												25	0	0	25
17	Chiara GIOVANDO	F	1979	ITA							25											0	0	25	25
18	Olivia AMBER	F	1995	USA	20																	0	0	20	20
19	Lorenza BECCARIA	F	1997	ITA		20																0	20	0	20
20	Sandra FERREIRA	F		POR			20															0	0	20	20
21	Francesca GHELFI	F	1996	ITA						20												20	0	0	20
22	Giulia COMPAGNONI	F	1996	ITA							20											0	0	20	20
23	Hana ŠVESTAKOVA Stružková	F	1983	CZE								20										0	20	0	20
24	Charlotte COTTON	F	1981	BEL		12		6														0	18	0	18
25	Joana SOARES	F	1993	POR		18																0	18	0	18
26	Mojca KOLIGAR	F	1982	SLO				18														0	18	0	18
27	Ingrid MUTTER	F	1992	ROU							18											0	0	18	18
30	Kathryn O'REGAN	F	1985	USA	17																	0	0	17	17

28	Andreia CORREIA	F		POR			17													0	0	17	17
29	Barbora JIŠOVA	F	1992	CZE							17									0	17	0	17
32	Maria ORDONEZ MARINA	F	1992	ESP		16														0	16	0	16
31	Annika SEEFELD	F	1996	GER				16												0	16	0	16
33	Martina CHIALVO	F	1998	ITA							16									0	0	16	16
39	Sarah BRADY	F	1989	IRL	14															0	0	14	14
41	Vivien BONZI	F	2001	ITA		14														0	14	0	14
38	Patrícia RIBEIRO	F		POR			14													0	0	14	14
40	Tina FISCHL	F	1974	GER				14												0	14	0	14
37	Grace STABERG	F							14											0	14	0	14
35	Ellisa SORTINI	F	1984	ITA						14										14	0	0	14
34	Camila SPAGNOL	F	1989	ITA							14									0	0	14	14
36	Gabriela VEIGERTOVA	F	2000	CZE								14								0	14	0	14
45	Rebecca HORMANN	F	1996	GBR	12															0	0	12	12
43	Marlene FERREIRA	F		POR			12													0	0	12	12
42	Marine PLACE	F							12											0	12	0	12
44	Martina BILORA	F	1998	ITA							12									0	0	12	12
51	Maeve MAHER-MCW.	F	1986	IRL	10															0	0	10	10
52	Marry VIEIRA	F	1982	POR		10														0	10	0	10
48	Carol PEREIRA	F		POR			10													0	0	10	10
47	Bernadette SCHUSTER	F	1981	AUT				10												0	10	0	10
49	Julia NIEGRZYBOWSKI	F							10											0	10	0	10
50	Maddalena SOMA'	F	2001	ITA						10										10	0	0	10
46	Alessandra OLIVI	F	1991	ITA							10									0	0	10	10
53	Pavla SCHORNA Matyášová	F	1980	CZE								10								0	10	0	10
54	Anabela AGUIAR	F	1998	POR		8														0	8	0	8
55	Anna DARMOGRAI	F							8											0	8	0	8
56	Luisa ROCCHIA	F	1984	ITA						8										8	0	0	8
57	Sabrina PRAGER	F	1987	GER				8												0	8	0	8
58	Susan OSTANO	F	1989	ITA							8									0	0	8	8
59	Lean NI CHIOBHAIN	F	1984	IRL	7															0	0	7	7
60	Sandra ARRIBANÇA	F		POR			7													0	0	7	7
61	Tatána METELKOVA	F	1972	CZE								7								0	7	0	7
63	Julia CONCEIÇÃO	F	1968	POR		6														0	6	0	6
64	Laure-Anne FERRENT	F							6											0	6	0	6
65	Sara BOTTARELLI	F	1990	ITA						6										6	0	0	6
62	Chiara BERERA	F		ITA							6									0	0	6	6
67	Karen WILTON	F	1972	GBR	5															0	0	5	5
66	Ana PASCOAL	F		POR			5													0	0	5	5
68	Tereza KUBIČKOVA	F	1990	CZE								5								0	5	0	5

76	Ruth CANDON	F	1987	IRL	4																0	0	4	4	
71	Bruchez PERRINE	F	1984	SUI		4																0	4	0	4
72	Clara CHAVES	F		POR			4															0	0	4	4
74	Laura HAMPEL	F	1999	GER				4														0	4	0	4
75	Maria BENITO	F							4													0	4	0	4
70	Arianna DENTIS	F	2000	ITA						4												4	0	0	4
73	Guendalina SIBONA	F		ITA							4											0	0	4	4
69	Anna STRAKOVA	F	1973	CZE								4										0	4	0	4
78	Fiona HOGG	F	1981	IRL	3																	0	0	3	3
77	Ana RANGEL	F		POR			3															0	0	3	3
79	Jana UHEROVA	F	1972	CZE								3										0	3	0	3
82	Eimear O'BRIEN	F	1983	IRL	2																	0	0	2	2
87	Rosa SILVA	F	1972	POR		2																0	2	0	2
80	Alice FRANÇA	F		POR			2															0	0	2	2
85	Natalie THOMPSON	F	1984	CAN				2														0	2	0	2
86	Perrine GINDRE	F							2													0	2	0	2
81	Alice GAGGI	F	1987	ITA						2												2	0	0	2
84	Francesca CRIPPA	F		ITA							2											0	0	2	2
83	Ekaterina ZANOZINA	F	1985	CZE								2										0	2	0	2
89	Deolinda OLIVEIRA	F	1968	POR		1																0	1	0	1
90	Judith HELMBERGER	F	1997	AUT				1														0	1	0	1
88	Aline BAZIN	F							1													0	1	0	1
91	Martina DA RIN ZANCO	F	1995	ITA						1												1	0	0	1
92	Sabrina AMATO	F		ITA							1											0	0	1	1
1	<a href="#">Patrik KIPNGENO</a>	M	1993	KEN		50		50	50	50												50	150	0	200
2	<a href="#">Philemon KIRIAGO OMBOGO</a>	M	2002	KEN				40	40	40												40	80	0	120
3	<a href="#">Petro MAMU SHAKU</a>	M	1985	ERI				30			50											0	30	50	80
4	<a href="#">Zak HANNA</a>	M	1995	IRL		40		4	8	20												20	52	0	72
5	Andrea ROSTAN	M	1998	ITA		30				25												25	30	0	55
6	<a href="#">Cesare MAESTRI</a>	M	1993	ITA				25		18												18	25	0	43
7	Cristian MINOGGIO	M	1984	ITA							40											0	0	40	40
8	<a href="#">Lengen LOLKURRARU</a>	M	1990	KEN				12	12		10											0	24	10	34
9	<a href="#">Geoffery NDUNGU GIKUNI</a>	M	1984	KEN		20		6		4												4	26	0	30
10	Théodore KLEIN	M							30													0	30	0	30
11	Silvyan CACHARD	M	1998	FRA						30												30	0	0	30
12	Mattia GIANOLA	M	1992	ITA							30											0	0	30	30
13	Marek CHRASCINA	M	1997	CZE		25																0	25	0	25

14	Miquel CORBERA RUBIO	M						25												0	25	0	25
15	Lorenzo BELTRAMI	M	1995	ITA						25										0	0	25	25
16	Ruairi LONG	M	1999	IRL	20															0	0	20	20
17	Germano FIGUEIRA	M		POR			20													0	0	20	20
18	Manuel INNERHOFER	M	1995	AUT			20													0	20	0	20
19	Quentin MEYLEU	M						20												0	20	0	20
20	ROTA Andrea	M	2000	ITA						20										0	0	20	20
21	Matěj ZIMA	M	1998	CZE							20									0	20	0	20
22	Paulo GOMES	M	1973	POR		18														0	18	0	18
23	Timotej BEČAN	M	1996	SLO			18													0	18	0	18
24	Boris ORLHAC	M						18												0	18	0	18
25	Jean Baptiste SIMUKEKA	M	1983	RWA						18										0	0	18	18
26	Paddy O'LEARY	M	1987	USA	17															0	0	17	17
27	Ricardo RODRIGUES	M		POR			17													0	0	17	17
28	Vít PAVLIŠTA	M	1985	CZE							17									0	17	0	17
29	Jose CARVALHO	M	1977	POR		16														0	16	0	16
30	Christof HOCHENWARTER	M	1997	AUT			16													0	16	0	16
31	Johann BAUJARD	M						16												0	16	0	16
32	Daniel PATTIS	M	1998	ITA						16										16	0	0	16
33	Sergio BONALDI	M	1978	ITA							16									0	0	16	16
34	Shaun STEWART	M	1984	IRL	14															0	0	14	14
35	Rui MUGA	M	1984	POR		14														0	14	0	14
36	Alexandre BLASQUES	M		POR			14													0	0	14	14
37	Hans-Peter INNERHOFER	M	1995	AUT			14													0	14	0	14
38	Frédéric TRANCHAND	M						14												0	14	0	14
39	Henri AYMONOD	M	1996	ITA						14										14	0	0	14
40	Daniel ANTONIOLI	M	1982	ITA							14									0	0	14	14
41	Viktor ŠINAGL	M	1997	CZE								14								0	14	0	14
42	Conall WHELAN	M	1998	IRL	12															0	0	12	12
43	Cesar COSTA	M	1976	POR		12														0	12	0	12
44	João RODRIGUES	M		POR			12													0	0	12	12
45	Marco MOLETTA	M	1997	ITA						12										12	0	0	12
46	Luca DEL PERO	M	1997	ITA							12									0	0	12	12
47	Tomáš KRIVOHLAVEK	M	1995	CZE								12								0	12	0	12
48	Ondřej FEJFAR	M	1989	CZE			1					10								0	11	0	11
49	Matthew MCCONNELL	M	1998	IRL	10															0	0	10	10
50	Paulo MACEDO	M	1993	POR		10														0	10	0	10
51	Antonio AMORIM	M		POR			10													0	0	10	10
52	Eric Muthomi RIUNGU	M	1990	KEN			10													0	10	0	10
53	Jacob ADKIN	M						10												0	10	0	10

54	Alex BALDACCINI	M	1988	ITA						10										10	0	0	10	
55	Carlos LOPES	M	1981	POR		8															0	8	0	8
56	Josef BODNER	M	1998	AUT				8													0	8	0	8
57	Christofer RICHARD	M	1998	GBR						8											8	0	0	8
58	Luca ARRIGONI	M	1981	ITA							8										0	0	8	8
59	Aidan MCMORELAND	M	1980	IRL	7																0	0	7	7
60	Igor LYSYI	M		POR			7														0	0	7	7
61	Tomáš HUDEC	M	1990	CZE								7									0	7	0	7
62	Tiago PEREIRA	M	1984	POR		6															0	6	0	6
63	Xavier CHEVRIER	M							6												0	6	0	6
64	Hannes PERKMANN	M	1993	ITA						6											6	0	0	6
65	Rau CRIADO SANCHEZ	M	1995	ESP							6										0	0	6	6
66	Conor GREENAN	M	1989	IRL	5																0	0	5	5
67	Fred KALAHARI	M		POR			5														0	0	5	5
68	Petr PECHEK	M	1983	CZE								5									0	5	0	5
69	Mamraz NAGI	M	1978	IRL	4																0	0	4	4
70	Marcelo GONÇALVES	M	1998	POR		4															0	4	0	4
71	Frank FRITSCHÉ	M		POR			4														0	0	4	4
72	Francesco PUPPI	M							4												0	4	0	4
73	Mattia BERTONCINI	M	1998	ITA							4										0	0	4	4
74	Adam SZYMANIK	M	1996	CZE								4									0	4	0	4
75	Fabio BALTIERI	M	1984	IRL	3																0	0	3	3
76	Alfredo PENICHE	M		POR			3														0	0	3	3
77	Dominik CHLUPAČ	M	1993	CZE									3								0	3	0	3
78	Peter PURCELL	M	1991	IRL	2																0	0	2	2
79	Jose SILVA	M	1973	POR		2															0	2	0	2
80	Nuno PAIVA	M		POR			2														0	0	2	2
81	Isaac Toroitich KOSGEI	M	1981	KEN				2													0	2	0	2
82	Chris BALESTRINI	M							2												0	2	0	2
83	Micael SAOLI SELELO	M	1996	KEN						2											2	0	0	2
84	Danilo BRAMBILLA	M	1991	ITA							2										0	0	2	2
85	Milan JANATA	M	1985	CZE								2									0	2	0	2
86	Jose MADEIRA	M	1991	POR		1															0	1	0	1
87	Simon GOSSELIN	M							1												0	1	0	1
88	Fabio RUGA	M	1981	ITA						1											1	0	0	1
89	Ionut ZINCA ALIN	M	1983	ROU							1										0	0	1	1

**Extract from the World Cup 2022 Regulations (items 5.4, 5.5 and 5.7)**

- The overall **WORLD CUP** results will be calculated from athletes' **best 6 race results**.
- The category **WORLD CUP** results will be calculated from athletes' **best 3 race results in that single category**
- **Scoring:**

World Cup races / Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.
Gold label points:	50	40	30	25	20	18	16	14	12	10	8	6	4	2	1
Silver label points	20	17	14	12	10	7	5	4	3	2	-	-	-	-	-

	date	race name	venue	country	disc.	label
1	21. May	<b>Seven Sisters Skyline</b>	Dunlewey, Donegal	IRL	Long	Silver
2	19. June	<b>2. Montemuro Vertical Run</b>	Castro Daire	POR	Classic	Gold
3	3. July	<b>One Hundred Douro-Paiva</b>	Cinfaes	POR	Long	Silver
4	10. July	<b>22. Grossglockner Berglauf TBC</b>	Heiligenblut	AUT	Classic	Gold
5	16. July	<b>La Montée du Nid d'Aigle</b>	St Gervais	FRA	Classic	Gold
6	30. July	<b>Giir di Mont Uphill</b>	Premana	ITA	Classic	Silver
7	31. July	<b>Giir di Mont</b>	Premana	ITA	Short Up	Gold
8	07. Aug	<b>Krkonosky half marathon</b>	Jasná Lázňa	CZE	Long	Gold

8	07. Aug.	<b>Kronosky trail marathon</b>	JASINE LAZIC	CZE	LONG	GOLD
9	13. Aug.	<b>Sierre-Zinal</b>	Zinal	SUI	Long	Gold
10	25. Aug.	<b>Andes Race</b>	Cusco	PER	Long	Silver
11	3. Sept.	<b>7. Vertical Nasego</b>	Nasego	ITA	Short Up	Gold
12	4. Sept.	<b>21. Trofeo Nasego</b>	Nasego	ITA	Classic	Gold
13	9. Sept.	<b>Canfranc - Canfranc</b>	Canfranc-Estacion	ESP	Short Up	Gold
14	11. Sept.	<b>Canfranc - Canfranc</b>	Canfranc-Estacion	ESP	Classic	Gold
15	1. Oct.	<b>43. Smarna Gora Race</b>	Ljubljana	SLO	Classic	Silver
16	2. Oct.	<b>12. Zumaia flysch trail mendi maratoina</b>	Zumaia-Gipuzkoa	ESP	Long	Gold
17	8. Oct.	<b>23. Kilometro Verticale Chiavenna-Lagunc</b>	Chiavenna	ITA	Short Up	Gold