

# Vertical World Circuit



## 2010 VERTICAL WORLD CIRCUIT®

### 2010 ISF (International Skyrunning Federation) Selected Races

Date	Nation	City	Race	Skyscraper/Tower	Elevation	Race floors	Steps
Jan 24	ITALY	MILAN	Regione Lombardia Vertical Sprint	Grattacielo Pirelli	127m	31	710
				Altra Sede	167m	39	970
Feb 2	USA	NEW YORK	Empire State Building Run-Up	Empire State Building	381m	86	1,576
Feb 7	GREAT BRITAIN	LONDON	NSPCC Step Change	30 St Mary Axe	180m	38	1,037
Feb 21	SWITZERLAND	BASEL	Tower Running Basel	Messeturm	105m	31	542
May 10	GERMANY	BERLIN	Berlin Skyrun	Park Inn Hotel	128m	39	770
May 16	TAIWAN	TAIPEI	Taipei 101 Tower Run-Up	Taipei 101	448m	91	2,046
Aug 22	AUSTRALIA	SYDNEY	Sydney Tower Run-Up	Sydney Tower	305m	94	1,504
Oct 5	SPAIN	BARCELONA	Torre de Collserola Vertical Running	Torre de Collserola	288m	40	712
Nov 16	SINGAPORE	SINGAPORE	Swissôtel Vertical Marathon	Swissôtel The Stamford	226m	60	779